



# Celebrate LIFE

## Senior Center Week

### Special Meals

#### **Monday, September 21**

##### **Soup/Sandwich/Root Beer Float**

Split Pea Soup  
Cucumber & Tomato Salad  
Chicken Salad Sub  
American Cheese  
Pineapple Tidbits  
Root Beer Float

#### **Wednesday, September 23**

##### **Make Your Own Sundae**

Hot Dog  
Veggies, Baked Beans  
Diced Fruit  
Make Your Own Sundae

#### **Tuesday, September 22**

##### **Lunchbox Luncheon**

Fried Chicken Sandwich  
Cole Slaw, Potato Salad  
Fresh Fruit, Special Dessert

#### **Thursday, September 24**

##### **Make Your Own Pizza**

Pizza  
Salad, Fruit  
Special Dessert

**Sign-up for one or more meals by Tuesday, September 15**  
**Each Day \$4.68 (Regular meal cost)**

#### **Urbana Senior Center**

**9020 Amelung Street, Frederick, MD 21704**

(located on the lower level of the Urbana Regional Library)

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[www.FrederickCountyMD.gov/aging](http://www.FrederickCountyMD.gov/aging)